

# Coastal Community Dog Training Club Inc.

## Healthy Eating Policy

### **1. Purpose**

Coastal Community Dog Training Club Inc. is aware that healthy eating is a part of good health. Coastal Community Dog Training Club acknowledges that healthy eating can have an impact on the lives of our members and that the provision of healthy foods will contribute to the better health for all.

### **2. Application of this policy**

Coastal Community Dog Training Club will ensure that a variety of healthy food choices are available at all Club activities. This policy applies to meetings, competitions, functions and events, and to all members, visitors, contractors and any others taking part in Club activities.

### **3. Responsibility**

Coastal Community Dog Training Club will be adopting the following strategies to ensure that a variety of healthy food choices are available at all Club activities. These will include;

- healthy food options will be available at all Club events and functions, and
- the enjoyment of healthy eating and the role of food in relation to health will be promoted in the Coastal Community Dog Training Club Inc. publications, and
- healthy food choices will be displayed prominently, and
- healthy food choices will be priced competitively as much as possible, and
- The variety of soft drinks, packaged chips, candy and ice-creams will be limited.

